BROOKLETTS PLACE – TALBOT COUNTY SENIOR CENTER June 2017

Lunch menus include 8oz 1% Milk & 4oz Juice

Menus shown for Friday & Saturday are for Meals-On-Wheels Clients

NOTE: Lunch is served at Brookletts Place at Noon, Monday through Thursday ONLY

Week 4 Monday 5/29	Tuesday 5/30	Wednesday 5/31	Thursday 6/01	Friday 6/02 MOW ONLY	Saturday 6/03 MOW ONLY
Chicken & Noodle Casserole	Grilled Hamburger on Bun	Baked Low Salt Ham	Baked Tilapia Fish	Shepherd Pie	Grilled Chicken Breast on Bun
Steamed Broccoli	BBQ Baked Beans	Sweet Potatoes	Boiled Parsely Potatoes	Creamy Mashed Potatoes	Green Beans
Pineapple Chunks	Cole Slaw	Brussel Sprouts	String Beans	Cauliflower Blend	Scallop Potatoes
Buttermilk Biscuit w/ Marg.	Tropical Fruit Salad	Applesauce	Diced Pears	Vegetables	Raisin Box
Milk/Juice	Milk/Juice	W.W. Bread w/ Marg. Milk/Juice	Corn Bread w/ Marg.	Fruit Jello	Milk/Juice
		WilkyJuice	Milk/Juice	W.W. Roll w/ Marg.	
				Milk/Juice	
Week 1 Monday 6/05	Tuesday 6/06	Wednesday 6/07	Thursday 6/08	Friday 6/09 MOW ONLY	Saturday 6/10 MOW ONLY
Baked Rock Fish	Chef Salad, Mixed Greens,	Roast Turkey & Gravy	Chicken Cordon Bleu	Swedish Meatballs	Breaded Chicken Breast
Green Lima Beans	Egg Shredded Cheese,	Creamy Mashed Potatoes	Rice Pilaf	Buttered Egg Noodles	Tenders
Stewed Tomatoes	Turkey, Low Salt Ham,	Green Beans	Seasoned Peas	Steamed Carrots	Seasoned Pinto Beans
Diced Pears	Tomato Wedge (3)	Slice Peaches	Fresh Orange	Fruit Cocktail	Steamed Cauliflower
W.W. Bread w/ Marg.	Macaroni Salad	W.W. Bread w/ Marg.	W.W. Bread w/ Marg.	W.W. Bread w/ Marg.	Apple Crisp
Milk/Juice	Fruit Cup	Milk/Juice	Milk/Juice	Milk/Juice	W.W. Bread w/ Marg.
	Fresh Baked Muffin				Milk/Juice
	Milk/Juice				
Week 2 Monday 6/12	Tuesday 6/13	Wednesday 6/14	Thursday 6/15	Friday 6/16 MOW ONLY	Saturday 6/17 MOW ONLY
Beef Hot Dog on Roll	Laurie Toms & Company	Cheeseburger on Bun	Chicken Salad on Bun	Baked Flounder	BBQ Ribs on Bun
Sweet Potato Waffle Fries	Oven Fried Chicken	Oven Potato Wedges	3-Bean Salad	Macaroni & Cheese	Oven Baked French Fries
Wax Beans	Baked Beans	Vegetable Blend	Potato Salad	Brussel Sprouts	Steamd Spinach
Fresh Plum	Steamed Broccoli	Pineapple Tidbit	Fruit Jello	Applesauce	Fresh Orange
Milk/Juice	Apricots	Milk/Juice	Milk/Juice	W.W.Bread w/ Marg.	Milk/Juice
	W.W. Bread w/ Marg.			Milk/Juice	
	Milk/Juice				
Week 3 Monday 6/19	Tuesday 6/20	Wednesday 6/21	Thursday 6/22	Friday 6/23 MOW ONLY	Saturday 6/24 MOW ONLY
Salisbury Steak	Lima Bean w/ Cron &	Baked Chicken	Beef & Macaroni w/ Tomato	Turkey Burger on Bun	Tuna Salad
Mashed Potatoes	Tomato Soup	Au Gratin Potatoes	Sauce	Buttered Spinach	Pasta & Bean Salad
Season Mixed Vegetables	Turkey & Cheese on W.W.	Buttered Peas	Garden Salad w/ Dressing	Oven Baked Potatoes	Sliced Tomatoes
Mandarin Oranges	Bread	Fruit Cocktail	Applesauce	Fresh Banana	Peaches
W.W. Bread w/ Marg.	Fresh Melon Cup	W.W. Bread w/ Marg.	Garlic Bread	Milk/Juice	W.W. Crackers (6)
Milk/Juice	Milk/Juice	Milk/Juice	Milk/Juice		Milk/Juice

Milk/Juice Milk/Juice

Week 4 Monday 6/26	Tuesday 6/27	Wednesday 6/28	Thursday 6/29	Friday 6/30 MOW ONLY	Saturday 07/01 MOW ONLY
Chicken & Noodle Casserole	Shelley Abbott	Baked Low Salt Ham Sweet Potatoes	Baked Tilapia Fish	Shepherd Pie	Grilled Chicken Breast on Bun
Steamed Broccoli Pineapple Chunks	Grilled Hamburger on Bun BBQ Baked Beans	Brussel Sprouts	Boiled Parsely Potatoes String Beans	Creamy Mashed Potatoes Cauliflower Blend	Green Beans Scallop Potatoes
Buttermilk Biscuit w/ Marg. Milk/Juice	Cole Slaw Tropical Fruit Salad Milk/Juice	Applesauce W.W. Bread w/ Marg. Milk/Juice	Diced Pears Corn Bread w/ Marg. Milk/Juice	Vegetables Fruit Jello W.W. Roll w/ Marg.	Raisin Box Milk/Juice
	Wilk/Juice		WilkyJuice	Milk/Juice	

Suggested contribution for lunch is \$2.75 for those 60 and older. Those under 60 are required to pay \$5.50.